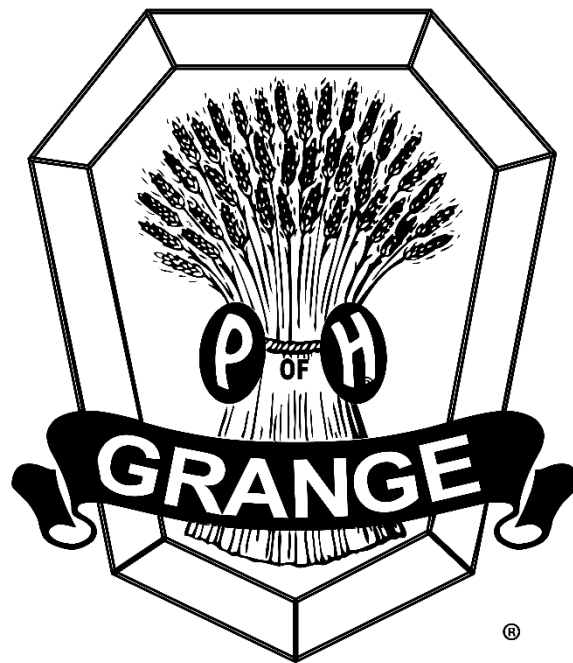


MAINE STATE GRANGE

COMMUNITY SERVICE &
FAMILY, HEALTH & HEARING
PROGRAM BOOK



2024-2025

September 1st – August 31st

COMMUNITY SERVICE &
FAMILY, HEALTH & HEARING

Brenda Dyer, Director
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Biddeford, ME 04005
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Changes have been made read carefully!
All items are due / post marked August 31, 2025

COMMUNITY SERVICE

Community Service is a non-paying job performed by a person or a group of people for the benefit of their community or an individual in need. Voluntary work, intended to be for the common good. Individual Projects done can count for Grange hours.

~~ Monetary and other donations to Organizations: ~~

ASPCA – donate funds, toys, food, towels, blankets, for our four legged friends

www.animalsheltersinmaine.com

Barbara Bush Children’s Hospital – donate funds, baby hats, toys.

Children’s Home for Little Wanderers – donate funds, toys, new clothing, hats, & mittens

House In the Woods Military and Family Retreat, donate funds. They provide veterans and families with support by taking them hunting, fishing, camping, hiking, etc., at no cost to the veterans & family.

~~ Suggestions ~~ Project Ideas ~~ Things to try ~~

Plant trees or wildflowers.

Put on a play at your school, a fair or festival about local environmental or human needs issues.

Collect items for a time capsule.

Make treats for a local senior home. Or veterans home.

Make assorted mobiles from cards for residents in senior or assisted living, or veterans homes, who may not have anyone, or who can’t have real flowers. Make bouquet or artificial plants to give to residents.

Provide an assortment of books (all types & age groups) shelters, nursing homes and veterans homes. Include large print books.

Provide small stuffed animals for residents to have as pets or remind them of their pet.

Provide boxes of cards for Nursing home residents to use to send to their friends & family.

Take coloring books, assorted pictures and difficulty, large crayons (to hold easier) & colored pencils to local senior home.

Craft nights and Family game nights.

Lap Blankets for nursing homes.

Baby hats for local hospitals.

Blood drive with American Red Cross.

Team up with local scouts to help them get badges – cooking, sewing, quilting, etc.

Provide artificial Christmas tree to nursing home, veterans home or shelter.

Form a litter patrol on school or park ground. Provide gloves, masks, trash bags, etc.

Open halls for Mother’s Day/Father’s Day Craft and Card making. Provide materials.

Non-perishable food drives.

In December, contact a local tree farm or nursery about donating a Christmas tree to a needy family, shelter or nursing home.

Write letters to service men/women.

Put together care package for service men/women.

Hold a Teddy Bear and Friends (stuffed animals) drive. Donate the collected animals to a homeless shelter for new arrivals. Also... check with your local police station or fire station. Many are happy to take the Teddy and Friends; a teddy bear can be a comfort to children in times of distress.

Collect gently used clothing and donate them for a dress up area at a daycare or family shelter.

Make a holiday basket, not just for Christmas, for someone in need or crisis.

Collect unused make-up, perfume, and other cosmetics for a center for abused women.

Collect suitcases for abused women’s shelter.

Make center pieces, holiday cards, birthday cards, and notes for assisted living facilities, children in hospital wards, or meals on wheels.

Donate old eyeglasses or sunglasses to an organization such as the Lions or place that recycles them for the needy.

Collect old stuffed animals and dolls, clean them up, repair them and then donate them.

Collect broken crayons from local restaurants like Applebee’s and make crayons in small muffin cups to donate to local school and special needs classes easier to grip.

Improve the school grounds.

Develop and maintain a recycling program at school.

Collect food & snacks, warm clothing, socks, toys, or personal care items for the needy. Deliver to shelters. *Remember shelters are in need all year long.*

Plant produce. Donate harvest to a local food bank.

Plant seeds. Sell the flowers or plants and donate the proceeds to a local organization in need.

Pick up litter at the park.

Meet the candidates – must provide equal time to all parties.

Clean veterans headstones at cemeteries. Update cemetery records.

Help Fire & Rescue purchase GPS systems for search and rescue teams.

Right-To-Read® book project collection and distribution.

Stuff-A-Stocking or help a family in need (anytime or all year long).

Backpacks for Foster Children, school projects, or children involved in court cases.

School and regular Bus Stop Improvement. Playground set ups or repairs.

Establish a computer recycling program using our outdated but still good computers we may find too “slow” but are still good to someone who can’t afford to buy one. Possibly set them up at Grange halls for training/learning and all to have access to.

Beatification and Earth Awareness -- host a plant or seed swap.

Safety Awareness around your home and community.

Words for Thirds® dictionary program.

Parks for Animals & pets – clean up or get the community to contribute one

Maintain cemeteries and road sides – combine with local organizations to keep road sides clean

VA Project – Veteran Administrations, VA homes, group homes – donate hygiene items, socks, take a trip to play cards, or games, do crafts, read to them, etc.

Maine Wreaths across America

School for the Deaf – Community Gardens

Hearing aid fund – raise funds to have hearing aid fund to help Grangers who need hearing aids.

Pennies for a purpose – collect pennies or loose change, combining with local organizations for different organizations.

Food for Thought Program – Combine with National – promote to local schools

- More children have high blood pressure now due to unhealthy diets
- Put a table together during Grange Month and invite groups/families to heart healthy snacks and games.

Adopt a Veteran or Nursing Home for the holidays and have a card writing day and send cards to each resident (not just Christmas).

Holiday cards for Heros. Honor Local Heros. Assist with getting plaques in communities to honor local heroes.

Fundraising:

Bowl A thon Mini Golf A Thon

Applebee’s, Papa Gino’s and Uno’s and other restaurants, contact for certain organization (charity) most will give 10% or 15% towards sale for a day or breakfast

1. Tree Illumination Night

- a. Combine with local organizations, have 3 ft trees donated with set of lights and decorated with a theme – scratch tickets, money, kitchen items, decorations, gift certificates, fishing, etc.
- b. Advertise in local newspapers for each area promote the event.
- c. Sell raffle tickets to raffle off each tree.
- d. Have craft table from one of the committees raising money for their organization.
- e. Bake table for another committee to raise money.
- f. Then at set time illuminate the trees, all at once and then pick raffle winners.

2. Community Service Day

- a. Invite local, regional and state wide community service organizations to set tables and promote volunteering.
- b. Set out tables again, baking, crafts, junior items, to raise funds for each committee.

3. Apron and coffee mug sale

All projects are worthy and you should let others know what you are doing.

COMMUNITY SERVICE REPORT / NOTEBOOK

September 1st – August 31st

Reporting: The Community Service Summary Report Form can be accepted as your total report. We encourage everyone to submit a notebook describing all their activities in more detail.

Reports and/or notebooks must be submitted and received by August 31st mailed to:

Brenda Dyer, Community Service Director
9 Marial Ave.
Biddeford, ME 04005

Contact me to make other arrangements 207-608-9193 call or text

Community Service Notebook

Your community service notebook is your opportunity to describe in detail, all the hard work you, your fellow Grangers and non-members have done over the past year. Although we believe all who participate in community service activities are winners and deserve praise, we unfortunately cannot award everyone a momentary prize. Please take a few moments to review the guidelines before creating your notebook.

Required Information:

Front Cover -- Grange Name, Number, and Town – add a Picture of your Grange Hall or Meeting Place

Use notebook, report folder, photo album, scrapbook

Page 1 – Community Service Summary Report.

Page 2 – Table of Contents.

Additional Pages – Should be a brief write up and proof of each project as listed in the table of contents.

Notebook guidelines and recommendations:

1. Create a story – every project is a “chapter”
(2 to 3 pages maximum per project)
 - a) How and why was the project selected?
 - b) Preparation and planning process?
 - c) Brief specific details that make readers understand why your Grange chose the activity?
 - d) Include acknowledgements and/or press coverage.
 - e) Photos to illustrate the project.

When your “chapters” are all completed, put them in a notebook and be sure to include the Community Service Summary Report and have your Grange name and number on the front cover! Have fun!!

Awards: First place - \$250.00; Second place - \$200.00; Third place - \$150.00 and Fourth place - \$50.00.

Judging of the Notebooks: Please review the following sections before putting your notebook together.

Community Service Summary Report 10 points

Ensuring that your Community Service Summary Report form is included in your notebook as page 1. The more comprehensive the form is filled out the more points attained. Please be sure to include table of contents at beginning of book as page 2. Use below hints as a reference.

Program Plan 10 points

Explain how the plan was organized and by whom. Explain how project was advertised. (Such as enlisting workers, work schedule, financing, public meetings, etc.) Submit proof: Flyers, newspaper ads, articles, etc.

Cooperation Achieved 20 points

Describe who was involved (whether it was all Grangers or if you worked in cooperation with other organizations; be sure to discuss in detail the role of the other organizations involved and why you chose to work with this particular group.) Be sure to give an accurate account of everyone involved. Submit proof: photos, letters, etc.

Community Need 30 points

How has the community been impacted by your project? How many people benefited from your project? How did you hear about this project? Why did you choose this project? Submit proof: Thank you letters, letters of acknowledgement from organizations, etc.

Presentation of Final Report 25 points

Neatness – How well organized is your notebook, is it easy to follow along? Content – did you cover all the areas requested with enough details? Quality of pictures and publicity items submitted. Please be sure to include table of contents at beginning of book and a write up for each project that is listed in the table of contents with photos, newspaper articles, advertisements, acknowledgements, etc.

BBCH Activity/Other Charitable Fundraisers

5 points

Holding a fundraiser internally/externally to benefit Barbara Bush Children’s Hospital or other charitable contributions, i.e. Iris Network, House in the Woods, volunteering for an event or activity like collecting coupons for troops (Troopons), etc.

Overstuffing -10 points

Filling your notebook with excessive write-up or photos of the same event, materials unrelated to projects listed, and activities not considered community service. (For example: cleaning ones’ own Grange, repairs to same Grange are not considered Community Service.)

Dear Grangers: Here is an extra helpful hint, this is the score sheet the judges use for scoring books.

Name of Grange & Number: _____ Judge # _____

Total Score: _____

Community Service Summary Report – 10 pts

If it is in the book and filled out completely Total pts 10 _____

Program Plan – pts 10

Explain how projects were organized by whom? (meetings, individuals, schedules) Total pts 5 _____

Explain how projects were advertised? (flyers, newspapers, Facebook) Total pts 5 _____

Cooperation Achieved – pts 20

Who was involved in projects? (List: Grangers, non-Grangers, organizations) Total pts 5 _____

Total hours of participation on projects? Total pts 5 _____

If non-Grangers/organizations were involved, why did you work with them? Total pts 5 _____

Proof – letters, photos, etc. Total pts 5 _____

Community Need – pts 30

How has community been impacted by project? Total pts 6 _____

How many people benefited from projects? Total pts 6 _____

How did YOUR GRANGE hear about the projects? Total pts 6 _____

Why did YOUR GRANGE choose these projects? Total pts 6 _____

Are thank you letters or letters of acknowledgement, included? Total pts 6 _____

Presentation of Final Report – pts 25

Neatness- organized, easy to follow and read? (table of contents & Grange pic on cover) Total pts 10 _____

Were all areas necessary covered with enough detail? Total pts 10 _____

Quality of Items in book? (photos, write ups, articles) Total pts 5 _____

BBCH/Other Charitable Fundraiser – pts 5

Donation or visit to BBCH, or to Local Hospital Total pts 3 _____

Donation or volunteer i.e. Iris Network, House in the Woods, Home for Little Wanderers, Troopons,) Total pts 2 _____

Overstuffing (-10 pts)

Filling book with excessive photos, articles, emails etc.

(Posting items that are not community service such as using money from a fair on electric)

(decorating own Grange Hall, mowing grass at Grange hall, etc.) Total pts -10 _____

Items to look for: Well laid out books, limit of 2 pages per community activity (3 if necessary), concise explanations of why, how and who they worked with, also, how many hours were put in and how they set up to do project.

COMMUNITY SERVICE SUMMARY REPORT

September 1st, 2024 – August 31st, 2025

Please complete this form in its entirety and include it as the first page of your notebook.

Grange Name & Number: _____ Town: _____

Number of members in your Grange: _____ Grange Community Service Chairperson: _____

Chairperson's Address: _____ State: _____ Zip Code: _____ Phone #: _____

Summary of Work:

This portion of the report is to list project totals for the year and brief descriptions only. Please give a brief explanation as to why you chose each of these specific projects to focus on. Give combined totals of project numbers (number of Grangers involved, number of community members involved, number of projects completed, total hours involved for each project and numbers planned for the future, etc.)

Reminder: In the notebook sections of your report, you will give more detailed information on each individual project.

Please Note: if you choose not to send a book you may send this form as your community service report. Use back of sheet or separate sheet for more space.

Your notebook or report is due / postmarked no later than August 31, to be eligible for a monetary award. Please mail to:

Brenda Dyer, Community Service Director

9 Marial Ave

Biddeford, ME 04005

Briefly describe your Grange's Community Service Project(s) _____

Number of Grange members participating in all project(s) combined: _____

Number of Community Citizens = Non-Grange Members involved in all your projects: _____

Total number of hours participating in all project(s) combined: _____

How was the project(s) selected? _____

How was the community informed of your activity(s)? _____

Did you have any joint projects with other organizations outside of the Grange? If so, explain: _____

Did you have any ongoing projects that carry over from year to year? If so, explain: _____

Are you anticipating any new projects in the coming year? If so, explain: _____

Signature of Chairperson: _____ Master's Name: _____

We encourage all Granges to send in this report no matter how small or large their activities have been throughout the year.

(We receive additional funding from National Grange if we receive a certain percentage of reports.)

Family, Health & Hearing Contest

The Family, Health & Hearing Committee will be again running the FH & H contest. Work with your Worthy Lecturer to set up a program each month revolving around one of the items we include in the bulletin. Our committee has included a list below of what will be posted for the upcoming year. We changed it up this year.

Please feel free to celebrate these events as your Grange chooses at any point during the month. Please keep in mind, the committee is only making suggestions. Please feel free to take a picture and do the write up and send in with your FH & H report. Let's have some fun in this year.

Our committee will award a \$50.00 prize to the top Grange who submits a copy of the program for each month September – August from the list of suggested topics that are posted each month. Nothing fancy, just staple a copy of each program together and mail them into: Brenda Dyer, Family, Health & Hearing Dir., 9 Marial Ave, Biddeford, ME 04005 by August 31st.

September	Classical Music Month Chicken Month	Baby Safety Month Self-Improvement Month
October	Breast Cancer Awareness Month Adopt a Shelter Dog Month	National Diabetes Month Domestic Violence Month
November	Sweet Potato Month Crohn's & Ulcerative Colitis Month	National Stomach Cancer Awareness Month COPD Awareness Month
December	Tomato & Winter Squash Month Universal Human Rights Month	Root Vegetable & Exotic Fruit Month Worldwide Food Service Safety Month
January	National Mentoring Month Birth Defect Prevention Month	National Blood Donor Month Cervical Health Awareness Month
February	American Heart Month Black History Month	Parent Leadership Month National Wise Health Consumer Month
March	Save Your Vision Month National Nutrition Month	Colorectal Cancer Awareness Month National Women's History Month National MS Education & Awareness Month
April	Grange Month National School Library Month National Poetry Month	Stress Awareness Health Month National Autism Awareness Month Sexual Assault & Prevention Month
May	Ultraviolet Awareness Month Arthritis Awareness Month	Mental Health Awareness Month National Bike Month
June	Mental Health Month Cataract Awareness Month	Black Music Month National Safety Month
July	National Park Month Juvenile Arthritis Awareness Month	National Picnic Month Blood Cord Awareness Month
August	National Water Quality Month Neurosurgery Outreach Month	National Goat Cheese Month Children's Eye Health & Safety Month

REMEMBER: Family, Health & Hearing is just that, it includes all of those items, it is proven that having fun and laughing keeps people young at heart. Please, remember to always have fun and smile. In these trying times we need that as much as possible!!!!

Family, Health & Hearing Activity Sheet

What Family, Health & Hearing Issues has your Grange discussed this year?

Name of Grange: _____ # _____ City/Town of Grange _____

Pomona your Grange belongs to: _____ # _____

September: _____

October: _____

November: _____

December: _____

January: _____

February: _____

March: _____

April: _____

May: _____

June: _____

July: _____

August: _____

Just give a list of what subjects you touched upon and a brief description of what you did. EX: A Game, A guest speaker, Readings, etc. Be sure to use the reference guide. Make sure to send in by August 31st. Use a 2nd sheet for the descriptions (put your Grange name & Number on the 2nd page) or use the back of this sheet.