# MAINE STATE GRANGE

# COMMUNITY SERVICE & FAMILY, HEALTH & HEARING PROGRAM BOOK



2022-2023

### COMMUNITY SERVICE NOTEBOOK

### September 2022 - August 2023

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has." – Margaret Mead

### **Community Service Notebook**

Your community service notebook is your opportunity to describe in detail, all the hard work you and your fellow Grangers have done over the past year. Although we believe all who participate in community service activities are winners and deserve praise, we unfortunately cannot award everyone a momentary prize. Please take a few moments to review the guidelines before creating your notebook.

Reporting: A Summary Report Form is to be the first page of your notebook. This form can be accepted as your total report; however, we encourage everyone to fill out a notebook describing all their activities in more detail. Reports must be submitted and received by, September 1st, 2023. Reports should be mailed to:

### Maine State Grange Community Service Committee c/o Christine Corliss, Director 162 Center Road, Lebanon, ME 04027

Notebook guidelines and recommendations: Create a story depicting all the community service activities your Grange has participated in this year. Start at the beginning by reviewing how projects were selected. preparation and planning process you utilized for your activities. Include specific details that make the readers understand why you chose to get involved in this activity or with the particular cause. Remember to include acknowledgements and/or any press coverage you received for participating and being involved. Make your book fun, be creative and allow as many members of your Grange to help with the book as possible. A different person could select an activity to illustrate and submit to your book almost like chapters in your story. Identify and recognize all the Grangers and non-Grangers who make your successes possible. And finally, don't forget to add a few photos to illustrate all your hard work!

When your "chapters" are all completed, put them in a notebook and be sure to include the Report Form and have your Grange name and number on the front cover!

**Judging of the Notebooks:** Please review the following sections before putting your notebook together.

### **Community Need**

30 points

How has the community been impacted by your project? How many people benefited from your project? How did you hear about this project? Why did you choose this project? <u>Submit proof</u>: Thank you letters, letters of acknowledgement from <u>organizations</u>, etc.

### Program Plan

10 points

Explain how the plan was organized and by whom. Explain how project was advertised. (Such as enlisting workers, work Schedule, financing, public meetings, etc.) <u>Submit proof: Flyers, newspaper ads, articles, etc</u>.

### Cooperation Achieved

15 points

Describe who was involved (whether it was all Grangers or if you worked in cooperation with other organizations; be sure to discuss in detail the role of the other organizations involved and why you chose to work with this particular group.) Be sure to give an accurate account of everyone involved. Submit proof: photos, letters, etc.

### Presentation of Final Report

15 points

Neatness – How well organized is your notebook, is it easy to follow along? Content – did you cover all the areas requested with enough details? Quality of pictures and publicity items submitted. Please be sure to include table of contents at beginning of book and a write up for each project that is listed on the table of contents with photos, newspaper articles, advertisements, etc.

### BBCH Activity/MSG Sponsored Comm. Serv. 20 points

Holding a fundraiser internally/externally to benefit BBCH or a MSG Sponsored Comm. Serv. Or volunteering for an event or activity for one of these items. You can include Coups for Troops, House in the Woods, Iris Network, etc.

### **Activity Summary Report**

10 points

Ensuring that your Activity Summary Report form is included in your notebook. The more comprehensive the form is filled out the more points attained. <u>Use below hints as a reference for completing your book.</u>

### Overstuffing

-10 points

Filling your notebook with excessive photos of the same event not considered community service. Filling your book with excessive photos for any of the events. (For example: cleaning ones' own Grange, repairs to same Grange are not considered Community Service.

HINT: Front Cover of Book – Picture of Grange Hall complete with Grange # and Name Page 1 – Activity Summary Report. Page 2 – Table of Contents. Page 3 – Should be write up and proof of whatever project is listed 1<sup>st</sup> in the table of Contents. Pages that follow should be repeat of page 3. Hand crafted books are what we are looking for.

Dear Grangers: Here is a little bit of a helpful hint, this is the score sheet that the judges use for scoring books each year.

Name of Grange & Number:	Judge #	
Total Score:		
<u>Community Need – pts 30</u>		
How has community been impacted by project?	Total pts 6	
How many people benefited from projects?	Total pts 6	
How did YOU hear about the projects?	Total pts 6	
Why did YOU choose these projects?	Total pts 6	
Are thank you letters or letter of ack. Included?	Total pts 6	
Program Plan – pts 10		
Explain how projects were organized by whom? (meetings, individuals, schedules)	Total pts 5	
Explain how projects were advertised? (flyers, newspapers, Facebook)	Total pts 5	
Cooperation Achieved – pts 15		
Who was involved in projects? (Grangers, non-Grangers, organizations)	Total pts 5	
If outsiders were involved, why did you work with them?	Total pts 5	
Proof – letters, photos, etc.	Total pts 5	
<u>Presentation of Final Report – pts 15</u>		
Neatness- organized, easy to follow and read? (table of contents & Grange pic on cover)	Total pts 5	
Were all areas necessary covered with enough detail?	Total pts 5	
Quality of Items in book? (photos, write ups, articles)	Total pts 5	
BBCH/State sponsored Fundraiser – pts 20		
Donation or visit to BBCH or Local Hospital for Granges up north	Total pts 10	
Donation to House in (Woods, Coups for Troops, Home for Little Wanders)	Total pts 10	
Activity Summary Report – 10 pts		
If it is in the book and filled out completely	Total pts 10	
Overstuffing (-10 pts)		
Filling book with excessive photos, articles, emails etc.		
(Posting items that are not community service such as using money from a fair on electric)		
(decorating own Grange Hall, mowing grass at Grange hall, etc.)	Total pts -10	

Items to look for: Handcrafted books, limit of 2 pages per community activity (3 if necessary), concise explanations of why, how and who they worked with, also, how they set up to do project.

### **COMMUNITY SERVICE**

### **REPORT FORM**

### <u>September 1st, 2022 – August 31st, 2023</u>

Grange Name & Number	:	
Pomona Name & Numbe	r:	
Grange Community Servi	ce Chairperson:	
Chairperson's Address: _		
State:	Zip Code:	Phone #:
Master's Name:		Signature of Chairperson:
Please complete this form than September 1st, 202	•	as the first page of your notebook. Your notebook is due no late
	Christine Corliss,	Director of Community Service

### 162 Center Road

### Lebanon, ME 04027

Please Note: No book will be eligible to receive monetary award it is received after the deadline. Also, if you choose not to send a book you may send this form as your community service report. We encourage all Granges to send in this report no matter how small or large their activities have been throughout the year.

Review the criteria for judging before designing and submitting your report for judging. If you have any questions, please contact a State Community Service Committee member.

POINT SYSTEM		AWARDS	
Community Need	30 points	First Place	\$250.00
Program Plan	10 points	Second Place	\$200.00
Cooperation Achieved	15 points	Third Place	\$150.00
Presentation of Final Report	15 points	Fourth Place	\$ 50.00
BB Children's Hospital	20 points		
Activity Summary Report	10 points		
Overstuffing	-10 points		

### **SUMMARY OF ACTIVITIES**

### **September 1st, 2022 - August 31st, 2023**

### **Summary of Work:**

This portion of the report is to list project totals for the year. Please give a brief explanation as to why you chose these specific projects to focus on during the past year. Give combined totals of project numbers (number of Grangers involved, number of community members involved, number of projects completed, and numbers of planned for the future, etc.)

In the notebook section of your report, you will give more detailed information on each individual project. This section is

### Reminder:

for totals and brief descriptions only.
Number of members in your Grange:
Number of Grange members participating in all project(s) combined:
Number of community citizens involved in all your projects:*Community Citizens = Non-Grange Member
How was the project(s) selected?
How was the community informed of your activity(s)?
Did you have any joint projects with other organizations outside of the Grange? If so, explain:
Did you have any ongoing projects that carry over from year to year? If so, explain:
Are you anticipating any new projects in the coming year? If so, explain:

### REMEMBER!!!!!

This report is due by September 1<sup>st</sup>, 2023, to be considered for judging. All reports received after that date will be reviewed but will NOT be eligible for an award. Books will be returned at Maine State Grange Annual Session in October and must be signed out at the Community Service Table.

# **Maine State Grange Community Service**

# **Granger of the Year Entry Form – 2022-23**

Requirements for consideration: Grange member must be a member for at least one consecutive year and has gone above and beyond in support of Community Service in their area and also demonstrates the qualities of a "Good Granger".

Name of Grange Candidate and Co	ontact Info:
Grange Submitting:	Grange Candidate Belongs to:
	Ontact Info: (Please include email address, phone number, address & Grange)
recognized at our Maine State Gra	tee why you believe this individual is worthy of this award and to be ange Annual State Session. Please be specific: Community Services they have aged & how this individual has encouraged others to participate.

If more room is needed, please use back of sheet and submit by September 1<sup>st</sup>, 2023 to Christine Corliss 162 Center Road, Lebanon, ME 04027 or via email at christinecorliss@ymail.com.

### **MAINE STATE GRANGE COMMUNITY SERVICE**

# NOMINATION FOR POLICE - FIREFIGHTER/EMT - EDUCATOR OF THE YEAR 2022-23

NAME:	POSITION:	
		(POLICE OFFICER, FIREFIGHTER/EMT, EDUCATOR)
NOMINEES ADDRESS:		
CITY:	STATE:	ZIP CODE:
GRANGE NAME & NUMBER:		
NAME, TELEPHONE # & ADDRESS (	OF GRANGE CONTACT PERSON:	
PLEASE INDICATE WHY YOU ARE N	OMINATING THIS INDIVIDUAL: (IN	NDICAATE VOLUNTEERISM, CHURCH, SCHOOL,
NONATURE OF RESCONDENS AND AND ADDRESS.	INC THE INDIVIDUAL	
IGNATURE OF PERSON NOMINAT	ING THE INDIVIDUAL:	

Please write on reverse side for additional spacing. Please enclose a photograph of the nominee and full contact information. Return via email to <a href="mailto:christinecorliss@ymail.com">christinecorliss@ymail.com</a> or via USPS to Christine Corliss, Director Maine State Grange Community Service 162 Center Rd, Lebanon, ME 04027. Forms must be submitted by September 1, 2023.

# Family, Health & Hearing Contest 2022 – 2023

The Family, Health & Hearing Committee will be again running the FH & H contest. Work with your Worthy Lecturer to set up a program each month revolving around one of the items we include in the bulletin. Our committee has included a list below of what will be posted for the upcoming year. We changed it up this year.

All items are daily events, but we want you to celebrate them or do them at any point during the month. Please keep in mind, the committee is only making suggestions. Please feel free to celebrate these days as your Grange chooses.

Please feel free to take a picture and do the write up and send in with your FH & H report. Let's have some fun in this 2022 - 2023.

Our committee will award a \$50.00 prize to the top Grange who submits a copy of the program for each month September – August from the list of suggested topics that are posted each month. Nothing fancy, just staple a copy of each program together and mail them into: MSG – Family, Health & Hearing Committee, Christine Corliss, Director 162 Center Road by September 1st, 2023.

September 2022- September 9<sup>th</sup> – National Teddy Bear Day –Collect Teddy Bears and donate them to your local pediatric ward at your local hospital.

September 19<sup>th</sup> – National Butterscotch Pudding Day – Have a dessert evening of butterscotch pudding and read the history of butterscotch pudding.

September 30<sup>th</sup> – National Family Health and Fitness Day – promote family, health, and hearing. Teach the Grange Hall about our Family, Health, and Hearing Program. (DEAF activities)

October 2022 - October 5<sup>th</sup> – National Kale Day -Have members bring in different recipes for Kale and share. Maybe, try some at another meeting.

October 12<sup>th</sup> – Cookbook Launch Day – Elect a person to collect recipes from members or pull recipes from some past members and put together a "Your Grange" cookbook. Try the recipes over the course of the year.

October 26<sup>th</sup> – National Mincemeat Day – Try to serve Mincemeat Pie at a meeting.

November 2022 – November 5th – Book Lovers Day – share a history of books and people's favorite authors.

November 12<sup>th</sup> – Chicken Soup for the Soul Day -maybe share.

November 26<sup>th</sup> – National Mincemeat Day – Share the importance of passing down the health history of a family, sharing so all generations know about it.

December 2022 - Holiday Caroling Party – Invite the community into your hall for one night and have a caroling party. Advertise this and have them bring a traditional holiday dish of their family and share a meal and night of caroling.

January 2023 – January 13<sup>th</sup> – National Rubber Duckie Day – Have members collect unique rubber duckies and collect them to donate them to a local day care, hospital, or pediatric doctor.

January 18<sup>th</sup> – Winnie the Pooh Day – Read a Unique Winnie the Pooh Story

January 28th – National Seed Swap Day – Bring seeds in and swap them between them.

February 2023 - February 3<sup>rd</sup> – Feed the Birds Day – have people bring in a unique type of bird feeder and hang them outside the Grange to feed the birds. (EX: toilet paper roll covered in peanut butter and rolled in birdseed)

February 10th – National Umbrella Day – share the history of umbrellas and maybe some unique uses for them.

February 25<sup>th</sup> – National Chocolate Covered Nut Day – Share some.

March 2023 – March 1st – National Pig Day – Use your imagination

March 8<sup>th</sup> – National Proofreading Day – Present a typed sheet with a story on it that has typos give the Grange members so much time to find all the errors (Use an egg timer). Give a prize for the winner.

March 29<sup>th</sup> – National take a walk in the park Day. Create a park at the Grange and take a walk.

April 2023 – Grange Month – Have an open meeting! Follow National Grange theme – send a picture and advertisement as proof. April 2<sup>nd</sup> is National Homemade Day use Grange month to promote that item. Have members bring in handmade items and put a table out and sell those handmade items, use the funds to do next month's event.

May 2023 – Community Service Month – Pick a "NEW" community service that your Grange has not done in the past. Set up and complete this project during May, send in a write up & Pictures with this report.

June 1st – National Barefoot Day – Have everyone spend a day barefoot at a Grange meeting.

June 10<sup>th</sup> – National Ballpoint Pen Day – Share the history of the ballpoint pen.

June 30<sup>th</sup> – National Meteor Watch Day – Show pictures of meteor showers and history of them.

July 2023 - July 1<sup>st</sup> – National U.S Postage Stamp Day – Create a game of old and new postage stamps and see if the Grange can match years to postage stamps.

July 8<sup>th</sup> – National Blueberry Day – use your imagination.

July 30<sup>th</sup> – National Cheesecake Day – This is all up to you!!!!

August 2023 - FREE MONTH – Pick a unique item you feel falls in the category of Family, Health & Hearing – present to your Grange and send in a write up regarding your item including what it is, how you chose it, and how you presented it.

REMEMBER: Family, Health & Hearing is just that it includes all of those items, it is proven that having fun and laughing keeps people young at heart. Please, remember to always have fun and smile. In these trying times we need that as much as possible!!!!

# Family, Health & Hearing Activity Sheet 2022 – 2023

### What Family, Health & Hearing Issues has your Grange discussed this year?

Name of Grange:	#	City/Town of Grange	
Pomona your Grange belongs to:		#	
September:			
October:			
November:			
December:			
January:			
February:			
March:			
April:			
May:			
June:			
July:			
August:			

Just give a list of what subjects you touched upon and a brief description of what you did. EX: A Game, A guest speaker, Readings, etc. Be sure to use the reference guide. Make sure to send in by September 1, 2023. Use a 2<sup>nd</sup> sheet for the descriptions or back of this sheet.