

# Family, Health & Hearing Contest

## September 2017 – August 2018

The Family, Health & Hearing Committee will be again running the FH & H contest. Each month in the monthly bulletin and on the posting on the website we include what each month is known for whether it be October which is Breast Cancer Awareness month or November which is Diabetic Eye Disease Month, etc. Work with your Worthy Lecturer to set up a program each month revolving around one of the items we include in the bulletin. Our committee has included a list below of what will be posted for the upcoming year.

Our committee will award a \$50.00 prize to the top Grange who submits a copy of the program for each month September – August from the list of suggested topics that are posted each month. Nothing fancy just staple a copy of each program together and mail them into: MSG – Family, Health & Hearing Committee, Christine Corliss, Director 162 Center Road by September 1st, 2018.

September, 2017-	Gynecologic Cancer Awareness Month	<a href="http://www.foundationforwomenscancer.org">www.foundationforwomenscancer.org</a>
	National Alcohol & Drug Addiction Recovery Month	<a href="http://www.recovery.org">www.recovery.org</a>
	September 7 <sup>th</sup> – 12 <sup>th</sup> -National Suicide Prevention Week	<a href="http://www.suicidology.org">www.suicidology.org</a>
	September 21 <sup>st</sup> - World Alzheimer's Day	<a href="http://www.alz.org/maine">www.alz.org/maine</a>
October, 2017 -	Breast Cancer Awareness Month	<a href="http://www.mainebreastcancer.org">www.mainebreastcancer.org</a>
	Down Syndrome Awareness Month	<a href="http://www.downsyndromemaine.org">www.downsyndromemaine.org</a>
	Oct. 1 <sup>st</sup> – 7 <sup>th</sup> - Mental Illness Awareness Week	<a href="http://www.nami.org">www.nami.org</a>
	October 10 <sup>th</sup> – World Mental Health Day	<a href="http://www.nami.org">www.nami.org</a>
November, 2017 –	National Epilepsy Month	<a href="http://www.epilepsynewengland.org">www.epilepsynewengland.org</a>
	Prematurity Awareness Month	<a href="http://www.marchofdimes.org">www.marchofdimes.org</a>
	Nov 12 <sup>th</sup> – 18 <sup>th</sup> – Mouth Cancer Awareness Week	<a href="http://www.cancercenter.com/oral">www.cancercenter.com/oral</a>
	3 <sup>rd</sup> Thurs. of Nov. – Great American Smoke Out	<a href="http://www.cancer.org">www.cancer.org</a>
December, 2017 -	Tomato & Winter Squash Month	
	December 1 <sup>st</sup> - World Aids Day	<a href="http://www.worldaids.org">www.worldaids.org</a>
	Dec. 3 <sup>rd</sup> – International Day of Persons w/Disability	<a href="http://www.timeanddate.com/holidays">www.timeanddate.com/holidays</a>
January, 2018 –	National Blood Donor Month	<a href="http://www.americanredcross.org">www.americanredcross.org</a>
	Thyroid Awareness Month	<a href="http://www.aace.com">www.aace.com</a>
	Glaucoma Awareness Month	<a href="http://www.americanglaucomasociety.net">www.americanglaucomasociety.net</a>
	January 4 <sup>th</sup> – World Braille Day	<a href="http://www.acbmaine.org">www.acbmaine.org</a>
February, 2018 -	American Heart Month	<a href="http://www.heart.org">www.heart.org</a>
	National Children's Dental Health Month	<a href="http://www.childrensdentalhealth.com">www.childrensdentalhealth.com</a>
	Feb. 13 <sup>th</sup> – Feb 19 <sup>th</sup> – Duchenne Muscular Dystrophy	<a href="http://www.mda.org">www.mda.org</a>
	Feb 14 <sup>th</sup> – National Donor Day	<a href="http://www.maine.gov/sos/bmv/donatelife/">www.maine.gov/sos/bmv/donatelife/</a>
March, 2018 –	Brain Injury Awareness Month	<a href="http://www.biausa.org/maine">www.biausa.org/maine</a>
	National MS Education & Awareness Month	<a href="http://www.nationalsociety.org">www.nationalsociety.org</a>

	Mar. 2 <sup>nd</sup> – Mar 9 <sup>th</sup> – National Sleep Awareness Week	<a href="http://www.sleepfoundation.org">www.sleepfoundation.org</a>
	March 27 <sup>th</sup> – American Diabetes Alert Day	<a href="http://www.diabetes.org">www.diabetes.org</a>
April 2018 –	National Autism Awareness Month	<a href="http://www.asmonline.org">www.asmonline.org</a>
	Primary Immunodeficiency Awareness Month	<a href="http://www.primaryimmune.org">www.primaryimmune.org</a>
	Apr. 26 <sup>th</sup> – May 3 <sup>rd</sup> – Nat. Immunization Week	<a href="http://www.mevaccine.org">www.mevaccine.org</a>
	April 17 <sup>th</sup> – World Hemophilia Day	<a href="http://www.mainehemophilia.org">www.mainehemophilia.org</a>
May 2018 –	Better Hearing & Speech Month	<a href="http://www.mslha.org">www.mslha.org</a>
	National Cancer Research Month	<a href="http://www.mainecancer.org/research">www.mainecancer.org/research</a>
	May 6 <sup>th</sup> – May 12 <sup>th</sup> - Brain Tumor Action Week	<a href="http://www.mainehealth.org/braintumor">www.mainehealth.org/braintumor</a>
	May 7 <sup>th</sup> – Melanoma Monday	<a href="http://www.mainecancer.org">www.mainecancer.org</a>
June 2018 –	National Safety Month	
	National Scleroderma Awareness Month	<a href="http://www.scleroderma.org">www.scleroderma.org</a>
	National Aphasia Awareness Month	<a href="http://www.aphasia.org">www.aphasia.org</a>
	National PTSD Awareness Month	<a href="http://www.ptsd.va.gov">www.ptsd.va.gov</a>
July 2018 -	National Park Month	<a href="http://www.merpa.org">www.merpa.org</a>
	National Fishing Month	<a href="http://www.gomcrfa.com">www.gomcrfa.com</a> or <a href="http://www.ycfga.org">www.ycfga.org</a>
	Group B Strep Awareness Month	<a href="http://www.maine.gov/dhhs/mecdc">www.maine.gov/dhhs/mecdc</a>
August 2018 -	Celiac Awareness Month	<a href="http://www.celiac.com">www.celiac.com</a>
	ALS Awareness Month	<a href="http://www.alsmaine.org">www.alsmaine.org</a>
	Aug. 1 <sup>st</sup> – 7 <sup>th</sup> – World Breast Feeding Day	<a href="http://healthfinder.gov/nho.augusttoolkit.aspx">healthfinder.gov/nho.augusttoolkit.aspx</a>